



INSPIRED SENIOR LIVING

September 2024(2FL)

Forestview Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>World Alzheimer's Month! 1</p> <p>9:30 Go 4 Life Walking Group! (ML)</p> <p>10:00 Fitness Class (2FA)</p> <p>10:50 Catholic Communion Service! (CP)</p> <p>1:00 Artful Enrichment! (2FA)</p> <p>2:00 Balloon Badminton! (MP)</p> <p>3:30 Bingo! (MP)</p> <p>7:00 Prime Series: Tom Clancy Jack Ryan (T)</p>	<p>World Alzheimer's Month! 2</p> <p>10:00 Go 4 Life Walking Group (ML)</p> <p>10:30 Seated Chair Yoga with Henni! (MP)</p> <p>10:30 Fitness Class (2FA)</p> <p>1:00 Giant Crossword (MP)</p> <p>2:15 Balloon Badminton! (MP)</p> <p>3:30 Afternoon Tea with Trivia! (MP)</p> <p>7:00 Movie Evening Showing: The Other Woman (T)</p>	<p>World Alzheimer's Month! 3</p> <p>10:00 Morning Stretches! (2FA)</p> <p>11:00 Fit Minds! (2FA)</p> <p>1:00 Noodle and balloon fun! (2FA)</p> <p>1:30 Rummikub Club, Beginner or an Experienced Player! (LB)</p> <p>1:30 Visit with Chaplain Jake (AL)</p> <p>2:30 Artful Enrichment (2FA)</p> <p>2:30 Bingo! (MP)</p> <p>3:00 Java Music Club! (2FA)</p> <p>4:00 Friendly Visits! (1:1) (RS)</p> <p>7:00 Documentary Night: Meghan Markle: Changing Traditions (T)</p>	<p>World Alzheimer's Month! 4</p> <p>10:00 Go 4 Life Walking Group (ML)</p> <p>10:30 Fitness Class! (2FA)</p> <p>10:30 Balloon Badminton! (MP)</p> <p>11:00 Drum Fit Class! (MP)</p> <p>1:00 Bouncing Ball Game! (2FA)</p> <p>2:30 Afternoon Tea with Trivia (2FA)</p> <p>2:30 Online Whole Body exercise! (MP)</p> <p>3:30 Meet me at the MoMA! (2FA)</p> <p>3:30 Spiritual Study Group with Chaplain Jake! (MP)</p> <p>4:00 Name that Tune! (2FA)</p> <p>4:00 Concert Series: Elton John! (T)</p> <p>7:00 Movie Evening Showing: Kingsman The Secret Service (T)</p>	<p>World Alzheimer's Month! 5</p> <p>10:00 Doctor Visit! (HO)</p> <p>10:00 Word Scramble! (MP)</p> <p>10:30 Seated Chair Yoga with Henni! (MP)</p> <p>12:00 Table social time! (2FA)</p> <p>1:00 Balloon Badminton! (2FA)</p> <p>2:00 Off the Cuff (Group Discussion)! (MP)</p> <p>2:00 Hymn Sing! (2FA)</p> <p>3:00 Painting Group! MOMA (2FA)</p> <p>3:15 Bouncing Ball Game! (MP)</p> <p>4:00 Java Music Club (2FA)</p> <p>4:00 Travelogue: Buenos Aires, Argentina (T)</p> <p>6:15 Bingo! (MP)</p> <p>7:00 Thursday Prime Series: The Empress (T)</p>	<p>World Alzheimer's Month! 6</p> <p>10:00 Go 4 Life Walking Group (ML)</p> <p>10:30 *NEW* Tai Chi Exercise! (MP)</p> <p>11:30 BBQ Lunch in Celebration of Our Beloved Grandparents Day! (OP)</p> <p>1:00 Giant Crossword! (MP)</p> <p>1:30 Celebrating Our Beloved Grandparents with Live music by Emilio Zarris! (OP)</p> <p>2:45 Zumba Fit Dance in Celebration of Our Beloved Grandparents Day! (OP)</p> <p>4:00 Meet Me at the MoMA, Paint like an Artist! (MP)</p> <p>7:00 TV Show: Downton Abbey! (T)</p>	<p>World Alzheimer's Month! 7</p> <p>2:30 Church Service and Sing A Long by Chaplain Jake! (CP)</p> <p>3:00 Movie Afternoon Showing: Grown Ups (T)</p> <p>7:00 Movie Evening Showing: Grown Ups (T)</p>
<p>World Alzheimer's Month! 8</p> <p>Happy Grandparent's Day!</p> <p>9:30 Go 4 Life Walking Group! (ML)</p> <p>10:00 Fitness Class (2FA)</p> <p>10:50 Catholic Communion Service! (CP)</p> <p>1:00 Chair Zumba Fit Dance by Sara! (MP)</p> <p>2:30 Artful Enrichment! (2FA)</p> <p>3:30 Bingo! (MP)</p> <p>7:00 Prime Series: Tom Clancy Jack Ryan (T)</p>	<p>World Alzheimer's Month! 9</p> <p>10:00 Go 4 Life Walking Group (ML)</p> <p>10:30 Seated Chair Yoga with Henni! (MP)</p> <p>10:30 Fitness Class (2FA)</p> <p>11:00 Giant Crossword! (2FA)</p> <p>1:00 Giant Crossword (MP)</p> <p>1:30 Bingo (2FA)</p> <p>2:30 Afternoon Tea with Trivia! (2FA)</p> <p>2:30 Online Whole Body Exercise ! (MP)</p> <p>3:30 Coloring and Music! (2FA)</p> <p>3:30 Afternoon Tea with Trivia! (MP)</p> <p>4:00 Java Music Club! (2FA)</p> <p>7:00 Movie Evening Showing: Happy Gilmore (T)</p>	<p>World Alzheimer's Month! 10</p> <p>10:00 Morning Stretches! (2FA)</p> <p>10:30 Toronto Zoo Visit! (OUT)</p> <p>1:30 Rummikub Club, Beginner or an Experienced Player! (LB)</p> <p>1:30 Visit with Chaplain Jake (AL)</p> <p>1:30 Fit Minds! (MP)</p> <p>2:30 Bingo! (MP)</p> <p>4:00 Friendly Visits! (1:1) (RS)</p> <p>7:00 Documentary Night: Alan Jackson - Small Town Southern Man (T)</p>	<p>World Alzheimer's Month! 11</p> <p>10:00 Go 4 Life Walking Group (ML)</p> <p>10:30 Fitness Class! (2FA)</p> <p>10:30 Balloon Badminton! (MP)</p> <p>11:00 Drum Fit Class! (MP)</p> <p>1:00 Bouncing Ball Game! (2FA)</p> <p>2:30 Afternoon Tea with Trivia (2FA)</p> <p>2:30 Online Whole Body exercise! (MP)</p> <p>3:30 Piano Performance by Natalye! (MP)</p> <p>4:00 Name that Tune! (2FA)</p> <p>4:00 Concert Series: Michael Jackson! (T)</p> <p>7:00 Movie Evening Showing: His Girl Friday (T)</p>	<p>World Alzheimer's Month! 12</p> <p>10:00 Doctor Visit! (HO)</p> <p>10:00 Word Scramble! (MP)</p> <p>10:30 Seated Chair Yoga with Henni! (MP)</p> <p>12:00 Table social time! (2FA)</p> <p>1:00 Balloon Badminton! (2FA)</p> <p>2:00 Off the Cuff (Group Discussion)! (MP)</p> <p>2:00 Hymn Sing! (2FA)</p> <p>3:00 Painting Group! MOMA (2FA)</p> <p>3:15 Bouncing Ball Game! (MP)</p> <p>4:00 Java Music Club (2FA)</p> <p>4:00 Travelogue: Salvador, Brazil (T)</p> <p>6:15 Bingo! (MP)</p> <p>7:00 Thursday Prime Series: The Empress (T)</p>	<p>World Alzheimer's Month! 13</p> <p>10:00 Go 4 Life Walking Group (ML)</p> <p>10:30 Tai Chi Exercise! (MP)</p> <p>11:00 Vendor Mix and Match! (ML)</p> <p>1:00 Giant Crossword! (MP)</p> <p>2:00 Shabbat Service by Rabbi Levi! (MP)</p> <p>2:30 Social Hours! (CK)</p> <p>3:30 Meet Me at the MoMA, Paint like an Artist! (MP)</p> <p>7:00 TV Show: Downton Abbey! (T)</p>	<p>World Alzheimer's Month! 14</p> <p>2:30 Church Service and Sing A Long by Chaplain Jake! (CP)</p> <p>3:00 Movie Afternoon Showing: The Graduate (T)</p> <p>7:00 Movie Evening Showing: The Graduate (T)</p>
<p>World Alzheimer's Month! 15</p> <p>9:30 Go 4 Life Walking Group! (ML)</p> <p>10:00 Fitness Class (2FA)</p> <p>10:50 Catholic Communion Service! (CP)</p> <p>1:00 Artful Enrichment! (2FA)</p> <p>1:30 Chair Zumba Fit Dance by Sara! (MP)</p> <p>3:30 Bingo! (MP)</p> <p>7:00 Prime Series: Tom Clancy Jack Ryan (T)</p>	<p>World Alzheimer's Month! 16</p> <p>10:00 Go 4 Life Walking Group (ML)</p> <p>10:30 Seated Chair Yoga with Henni! (MP)</p> <p>10:30 Fitness Class (2FA)</p> <p>1:00 Giant Crossword (MP)</p> <p>2:15 Balloon Badminton! (MP)</p> <p>3:30 Afternoon Tea with Trivia! (MP)</p> <p>7:00 Movie Evening Showing: Charade (T)</p>	<p>World Alzheimer's Month! 17</p> <p>10:00 Morning Stretches! (2FA)</p> <p>11:00 Fit Minds! (2FA)</p> <p>1:00 Noodle and balloon fun! (2FA)</p> <p>1:30 Rummikub Club, Beginner or an Experienced Player! (LB)</p> <p>1:30 Visit with Chaplain Jake (AL)</p> <p>2:00 Alzheimer's Association Presentation! (MP)</p> <p>2:30 Artful Enrichment (2FA)</p> <p>3:00 Java Music Club! (2FA)</p> <p>3:30 Bingo! (MP)</p> <p>4:00 Friendly Visits! (1:1) (RS)</p> <p>7:00 Documentary Night: Daughters (T)</p>	<p>World Alzheimer's Month! 18</p> <p>10:00 Go 4 Life Walking Group (ML)</p> <p>10:30 Fitness Class! (2FA)</p> <p>10:30 Balloon Badminton! (MP)</p> <p>11:00 Drum Fit Class! (MP)</p> <p>1:00 Bouncing Ball Game! (2FA)</p> <p>2:30 Afternoon Tea with Trivia (2FA)</p> <p>2:30 Online Whole Body exercise! (MP)</p> <p>3:30 Meet me at the MoMA! (2FA)</p> <p>3:30 Spiritual Study Group with Chaplain Jake! (MP)</p> <p>4:00 Name that Tune! (2FA)</p> <p>4:00 Concert Series: Cher! (T)</p> <p>7:00 Movie Evening Showing: Barney's Version (T)</p>	<p>World Alzheimer's Month! 19</p> <p>10:00 Doctor Visit! (HO)</p> <p>10:00 Word Scramble! (MP)</p> <p>10:30 Seated Chair Yoga with Henni! (MP)</p> <p>12:00 Lunch at Center Street Deli Restaurant! (OUT)</p> <p>12:00 Table social time! (2FA)</p> <p>2:00 Off the Cuff (Group Discussion)! (MP)</p> <p>3:15 Bouncing Ball Game! (MP)</p> <p>4:00 Java Music Club (2FA)</p> <p>4:00 Travelogue: Oaxaca, Mexico (T)</p> <p>6:15 Bingo! (MP)</p> <p>7:00 Thursday Prime Series: The Empress (T)</p>	<p>World Alzheimer's Month! 20</p> <p>10:00 Vendor: Triple Eight Clothing! (ML)</p> <p>10:00 Go 4 Life Walking Group (ML)</p> <p>10:30 Tai Chi Exercise! (MP)</p> <p>1:00 Giant Crossword! (MP)</p> <p>2:00 Shabbat Service by Rabbi Levi! (MP)</p> <p>2:30 Social Hours! (CK)</p> <p>3:30 Meet Me at the MoMA, Paint like an Artist! (MP)</p> <p>7:00 TV Show: Downton Abbey! (T)</p>	<p>World Alzheimer's Month! 21</p> <p>2:30 Church Service and Sing A Long by Chaplain Jake! (CP)</p> <p>3:00 Movie Afternoon Showing: Florence Foster Jenkins (T)</p> <p>7:00 Movie Evening Showing: Florence Foster Jenkins (T)</p>


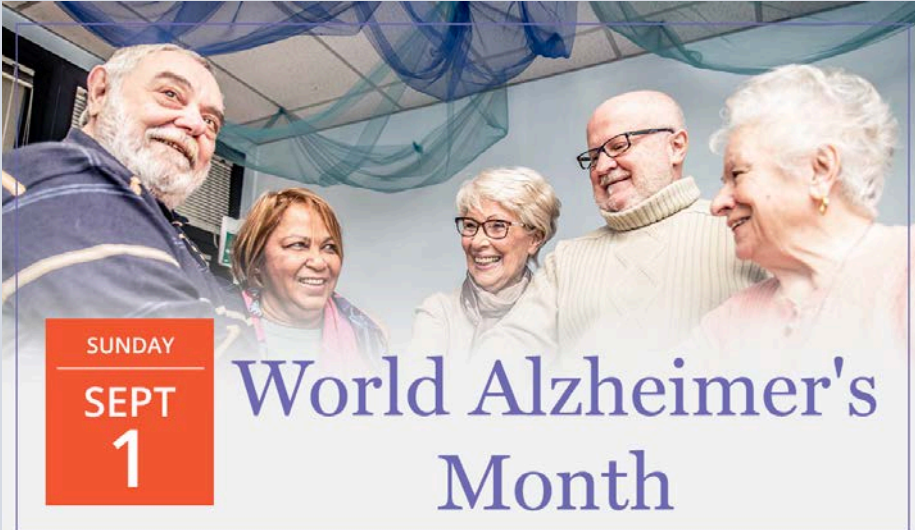


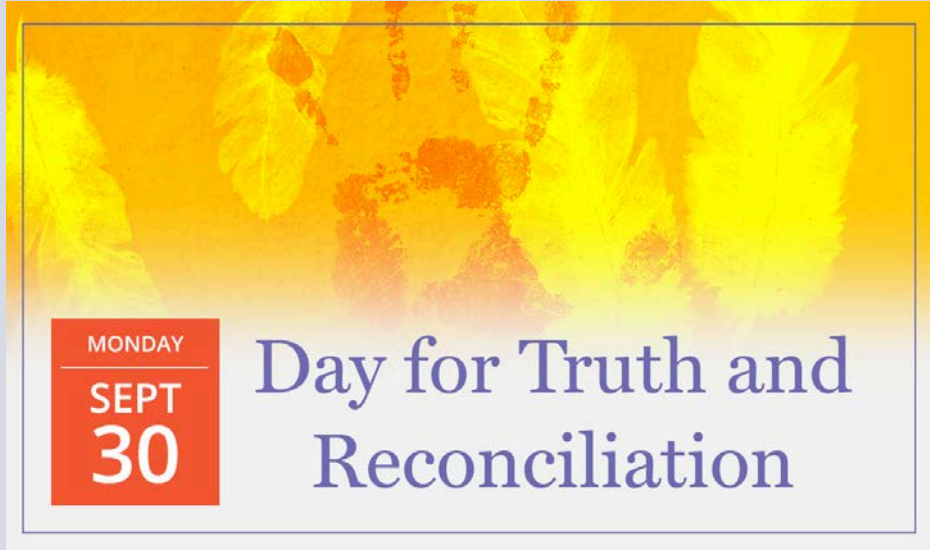
INSPIRED SENIOR LIVING

September 2024(2FL)

Forestview Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
World Alzheimer's Month! 22 9:30 Go 4 Life Walking Group! (ML) 10:00 Fitness Class (2FA) 10:50 Catholic Communion Service! (CP) 1:00 Sunset on Summer with a Taste of Lemon Open house with Live music by Fanny! (MP) 2:30 Chair Zumba Fit Dance by Sara! (MP) 3:30 Bingo! (MP) 7:00 Prime Series: Tom Clancy Jack Ryan (T)	World Alzheimer's Month! 23 10:00 Go 4 Life Walking Group (ML) 10:30 Seated Chair Yoga with Henni! (MP) 10:30 Fitness Class (2FA) 11:00 Giant Crossword! (2FA) 1:00 Giant Crossword (MP) 1:30 Bingo (2FA) 2:30 Afternoon Tea with Trivia! (2FA) 2:30 Online Whole Body Exercise ! (MP) 3:30 Coloring and Music! (2FA) 3:30 Food Committee Meeting! (MP) 4:00 Java Music Club! (2FA) 7:00 Movie Evening Showing: The Important of Being Earnest (T)	World Alzheimer's Month! 24 10:00 Morning Stretches! (2FA) 11:00 Fit Minds! (2FA) 1:00 Noodle and balloon fun! (2FA) 1:30 Rummikub Club, Beginner or an Experienced Player! (LB) 1:30 Visit with Chaplain Jake (AL) 2:00 Monthly Birthday Party with Filipa Sousa! (MP) 3:00 Java Music Club! (2FA) 3:30 Bingo! (MP) 3:30 Artful Enrichment (2FA) 4:00 Friendly Visits! (1:1) (RS) 7:00 Documentary Night: Simon Bills Rising (T)	World Alzheimer's Month! 25 10:00 Go 4 Life Walking Group (ML) 10:00 Hair Salon! (SL) 10:30 Fitness Class! (2FA) 10:30 Balloon Badminton! (MP) 11:00 Drum Fit Class! (MP) 1:00 Bouncing Ball Game! (2FA) 2:30 Afternoon Tea with Trivia (2FA) 2:30 Online Whole Body exercise! (MP) 3:30 Meet me at the MoMA! (2FA) 3:30 Spiritual Study Group with Chaplain Jake! (MP) 4:00 Name that Tune! (2FA) 4:00 Concert Series: Bob Dylan! (T) 7:00 Movie Evening Showing: Kate and Leopold (T)	World Alzheimer's Month! 26 10:00 Doctor Visit! (HO) 10:00 Word Scramble! (MP) 10:00 Vendor: Loila's Fashion! (ML) 10:30 Seated Chair Yoga with Henni! (MP) 12:00 Table social time! (2FA) 1:00 Balloon Badminton! (2FA) 2:00 Off the Cuff (Group Discussion)! (MP) 2:00 Hymn Sing! (2FA) 3:00 Painting Group! MOMA (2FA) 3:15 Bouncing Ball Game! (MP) 4:00 Java Music Club (2FA) 4:00 Travelogue: Lima, Peru (T) 6:15 Bingo! (MP) 7:00 Thursday Prime Series: The Empress (T)	World Alzheimer's Month! 27 10:00 Go 4 Life Walking Group (ML) 10:30 Tai Chi Exercise! (MP) 1:00 Giant Crossword! (MP) 2:00 Shabbat Service by Rabbi Levi! (MP) 2:30 Social Hours! (CK) 3:30 Meet Me at the MoMA, Paint like an Artist! (MP) 7:00 TV Show: Downton Abbey! (T)	World Alzheimer's Month! 28 2:30 Church Service and Sing A Long by Chaplain Jake! (CP) 3:00 Movie Afternoon Showing: The Back-up Plan (T) 7:00 Movie Evening Showing: The Back-up Plan (T)
World Alzheimer's Month! 29 9:30 Go 4 Life Walking Group! (ML) 10:00 Fitness Class (2FA) 10:50 Catholic Communion Service! (CP) 1:00 Artful Enrichment! (2FA) 1:30 Chair Zumba Fit Dance by Sara! (MP) 3:30 Bingo! (MP) 7:00 Prime Series: Tom Clancy Jack Ryan (T)	World Alzheimer's Month! 30 National Day for Truth and Reconciliation! Active Aging Week! 10:00 Go 4 Life Walking Group (ML) 10:30 Seated Chair Yoga with Henni! (MP) 10:30 Fitness Class (2FA) 11:00 Giant Crossword! (2FA) 1:00 Giant Crossword (MP) 1:30 Bingo (2FA) 2:30 Afternoon Tea with Trivia! (2FA) 2:30 Online Whole Body Exercise ! (MP) 3:30 Coloring and Music! (2FA) 3:30 Resident Town Hall Meeting! (MP) 4:00 Java Music Club! (2FA) 7:00 Movie Evening Showing: John Wick (T)	 SUNDAY SEPT 8 Grandparent's Day		 SUNDAY SEPT 1 World Alzheimer's Month		



MONDAY SEPT 30
Day for Truth and Reconciliation

- ### Locations Legend
- MULTIPURPOSE ROOM (MP)
 - 2nd FLOOR
 - ACTIVITY ROOM (2FA)
 - THEATER (T)
 - MAIN LOBBY (ML)
 - CHAPEL (CP)
 - LIBRARY (LB)
 - Any Location (AL)
 - Resident's Suite (RS)
 - Health Office (HO)
 - OUTSIDE PATIO (OP)
 - COUNTRY KITCHEN (CK)
 - Outing (OUT)
 - SALON (SL)

- ### Calendar Legend
- Outing
 - Special Program
 - Living, Loving, Local
 - Signature Program